Do you dread going to work? Have you lost the joy you once experienced in your job? If so, you are not alone. Burnout is an enormous problem for those in the helping professions. Author Dr. Alan Shelton knows the pain you experienced.

Then a remarkable meeting with a Native Healer gave him surprising insight into his life and his struggles. Life Beyond Burnout presents the secrets he discovered while finding his way back. Whatever you do, if it involves helping people, you need to know how difficult it is to keep giving, day after day. But by rediscovering and growing your inner life, you can recover the joy and excitement you felt when you first began your career.

The Lloyd Geering Reader Lloyd Geering 2007 Covering a period of more than 45 years, this is the first collection of the writings of international figure Lloyd Geering—a premier public intellectual who was once found guilty of heresy by the Presbyterian Church. With never-before-seen material, this compendium demonstrates the remarkable consistency in the thought of this increasingly influential thinker. Provocative and heartfelt, this compilation provides a fascinating coverage of the engagement of religion and the modern world.

The Coming World and of Life Beyond the Grave Arthur Conan Doyle 2005 Life Beyond Death, Mind Judaism Savage 2002-07-01 A review of the world's beliefs on the subject of life after death, with a consideration of present conditions of thought and feeling, leading to the question as to whether it can be demonstrated as fact. Mind T. Savage (1841-1918), a noted Unitarian minister in Boston, was one of the leading architects of Unitarian thought. (He is mentioned in the autobiography of Booker T. Washington, as they both received honorary degrees from Harvard at the same ceremony, as did Alexander Graham Bell.) He helped reconcile Protestant belief vs. Science in regard to Darwinian Theory; and, also, was interested in possibility of a future life. He was a member of the [London] Society for Psychological Research; other members included: S. P. Langley, Sir William Crookes, James Hyslop, and William James. The work was later carried on by Duke University Parapsychological Laboratory.

The Life Beyond Extraterrestrial Avi Loeb 2021 Harvard's top astronomer lays out his controversial theory that our solar system was recently visited by advanced alien technology from a distant star.

Life After Death and the World Beyond Alice Gardner 2008 Learn how everyday life can be your most vital spiritual practice, no matter what your religion or tradition. This book crosses all of the spiritual and religious boundaries through the commonality of our everyday experience. It is a deeply personal book giving a down-to-earth account of the experience of spiritual awakening and the process of bringing awakening into each moment.

Life Beyond Burnout Alan Shelton M.D. M.P.H. 2018-10-26 An argument that we have a moral duty to explore other planets and solar systems—because human life on Earth has an expiration date. Inevitably, life on Earth will come to an end, whether by climate disaster, cataclysmic war, or the death of the sun in a few billion years. To avoid extinction, we will have to find a new home planet, perhaps even a new solar system, to inhabit. In this provocative and fascinating book, Christopher Mason argues that we have a moral duty to do just that. As the only species aware that life on Earth has an expiration date, we have a responsibility to act as the shepherd of life-forms—not only for our species but for all species on which we depend and for those still to come (by accidental or designed evolution). Mason argues that the same capacity for ingenuity that has enabled us to build rockets and land on other planets can be applied to redesigning biology so that we can sustainably inhabit those planets. And he lays out a 500-year plan for undertaking the massively ambitious project of reengineering human genetics for life on other worlds. As they are today, our frail human bodies could never survive travel to another habitable planet. Mason describes the toll that long-term space travel took on astronaut Scott Kelly, who returned from a year on the International Space Station with changes to his blood, bones, and genes. Mason proposes a ten-phase, 500-year program that would engineer the genome so that humans can tolerate the extreme environments of outer space—with the ultimate goal of achieving human settlement of new solar systems. He lays out a roadmap of which solar systems to visit first, and merges biotechnology, philosophy, and genetics to offer an unparalleled vision of the universe to come.

The Next 500 Years Christopher E. Mason 2022-04-12 An argument that we have a moral duty to do just that. As the only species aware that life on Earth has an expiration date, we have a responsibility to act as the shepherd of life-forms—not only for our species but for all species on which we depend and for those still to come (by accidental or designed evolution). Mason argues that the same capacity for ingenuity that has enabled us to build rockets and land on other planets can be applied to redesigning biology so that we can sustainably inhabit those planets. And he lays out a 500-year plan for undertaking the massively ambitious project of reengineering human genetics for life on other worlds. As they are today, our frail human bodies could never survive travel to another habitable planet. Mason describes the toll that long-term space travel took on astronaut Scott Kelly, who returned from a year on the International Space Station with changes to his blood, bones, and genes. Mason proposes a ten-phase, 500-year program that would engineer the genome so that humans can tolerate the extreme environments of outer space—with the ultimate goal of achieving human settlement of new solar systems. He lays out a roadmap of which solar systems to visit first, and merges biotechnology, philosophy, and genetics to offer an unparalleled vision of the universe to come.