Humanistic And Transpersonal Psychology A Historical And Biographical Sourcebook

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The Humanistic Movement  Frederick Joseph Wertz 1994 This book is an expanded version of a special issue of The Humanistic Psychologist (Vol. 20, Nos. 2 & 3). Its central claim is to show the contributions the humanistic movement has made and can make to the field of psychology. The material in this volume is now available to a wider audience than the journal subscribers and readers. The book is well-suited as a text for courses in humanistic psychology. The book is divided into three parts. The first covers historical and philosophical foundations of humanistic psychology. The second part includes methodological and conceptual advances. Part three deals with impact and future of humanistic psychology.

The Mystery of Personality  Eugene Taylor 2009-07-07 In The Mystery of Personality: A History of Psychodynamic Theories, acclaimed professor and historian Eugene Taylor synthesizes the field’s first century and a half into a rich, highly readable account. Taylor situates the dynamic school in its catalytic place in history, re-evaluating misunderstood figures and events, re-creating the heady milieu of discovery as the concept of "mental science" dawns across Europe, revisiting the widening rift between clinical and experimental study (or the couch and the lab) as early psychology matured into legitimate science. Gradual but vital evolutions form the heart of this chronicle: the ebb and flow of analytic theory and practice, the shift
from doctor-centered to client-centered therapy, the movement from exclusionary to multidisciplinary, the evolving role of the therapist. And as can be expected from the author, there is special emphasis on the sublime in psychology: the philosophy/psychology fusion of the New England transcendentalists, the battle between spiritualism and science in 1880s America, and early versions of today’s spiritually-attuned therapies. Pivotal concepts and key individuals covered are: Charcot, Janet, and the origins of dynamic personality theory in the so-called French, Swiss, English, and American psychotherapeutic axis. Person and personality: William James’s "radical empiricism" The rise of psychoanalysis: Freud, the Freudians, and the Neo-Freudians Adler and Jung, who were never "students" of Freud: Toward, within, and beyond the self Murray, Allport, and Lewin at Harvard in the 30s Culture and personality, pastoral counseling, and Gestalt Psychology in New York in the ‘40s and ‘50s An Existential-humanistic and Transpersonally oriented depth psychology in the 60s The current era: "science confronts itself", as neuroscience enters the picture. Students of psychology and its history will find in this inspiring narrative both possibilities for further study and a new appreciation of their own work. The Mystery of Personality: A History of Psychodynamic Theories is a stimulating course conducted by a master teacher.

Participation and the Mystery

Jorge N. Ferrer 2017-04-12

The Wiley-Blackwell Handbook of Transpersonal Psychology

Harris L. Friedman 2015-06-22

The Wiley Blackwell Handbook of Transpersonal Psychology presents the most inclusive resource yet published on this topic - which seeks to benefit humanity by integrating ancient wisdom and modern knowledge. Features the work of more than fifty leading voices in the field, creating the most comprehensive survey of transpersonal psychology yet published. Includes emerging and established perspectives Charts the breadth and diversity of the transpersonal landscape Covers topics including shamanism, neurobiology, holotropic states, transpersonal experiences, and more

The Handbook of Humanistic Psychology

Kirk J. Schneider 2001

The Handbook of Humanistic Psychology promises to be a landmark in the resurgent field of humanistic psychology and psychotherapy. Their range of topics is far-reaching—from the historical, theoretical, and methodological, to the spiritual, psychotherapeutic, and multicultural. Students and professionals are looking for the fuller, deeper, and more personal psychological orientation that this Handbook promotes.

A More Perfect Union

Linda Sargent Wood 2012-10-18

This book uncovers a holistic sensibility in post-World War II American culture that challenged Cold War logic and fed some of the century's most powerful social movements. This impulse is illustrated by focusing on Rachel
Carson, Buckminster Fuller, Martin Luther King Jr., Abraham Maslow, Pierre Teilhard de Chardin, and the Esalen Institute.

The Handbook of Humanistic Psychology  Kirk J. Schneider 2014-02-14
The Second Edition of the cutting edge work, The Handbook of Humanistic Psychology, by Kirk J. Schneider, J. Fraser Pierson and James F. T. Bugental, represents the very latest scholarship in the field of humanistic psychology and psychotherapy. Set against trends inclined toward psychological standardization and medicalization, the handbook offers a rich tapestry of reflection by the leading person-centered scholars of our time. Their range in topics is far-reaching—from the historical, theoretical and methodological, to the spiritual, psychotherapeutic and multicultural. The new edition of this widely adopted and highly praised work has been thoroughly updated in accordance with the most current knowledge, and includes thirteen new chapters and sections, as well as contributions from twenty-three additional authors to extend the humanistic legacy to the emerging generation of students, scholars, and practitioners.

Existential Humanistic Psychology  Thomas C. Greening 1971

Encyclopedia of Mental Health  2015-08-26 Encyclopedia of Mental Health, Second Edition, tackles the subject of mental health, arguably one of the biggest issues facing modern society. The book presents a comprehensive overview of the many genetic, neurological, social, and psychological factors that affect mental health, also describing the impact of mental health on the individual and society, and illustrating the factors that aid positive mental health. The book contains 245 peer-reviewed articles written by more than 250 expert authors and provides essential material on assessment, theories of personality, specific disorders, therapies, forensic issues, ethics, and cross-cultural and sociological aspects. Both professionals and libraries will find this timely work indispensable. Provides fully up-to-date descriptions of the neurological, social, genetic, and psychological factors that affect the individual and society Contains more than 240 articles written by domain experts in the field Written in an accessible style using terms that an educated layperson can understand Of interest to public as well as research libraries with coverage of many important topics, including marital health, divorce, couples therapy, fathers, child custody, day care and day care providers, extended families, and family therapy

Higher Wisdom  Roger N. Walsh 2005-09-01 From the Back Cover: Psychedelics have been a part—often a central and sacred part—of most societies throughout history, and for half a century psychedelics have rumbled through the Western world, seeding a subculture, titillating the media, fascinating youth, terrifying parents, enraging politicians, and intriguing researchers. Not surprisingly, these curious chemicals fascinated
some of the foremost thinkers of the twentieth century, fourteen of whom were interviewed for this book. Because no further human research can be done, these researchers constitute an irreplaceable resource. Higher Wisdom offers their fascinating anecdotes, invaluable knowledge, and hard-won wisdom—the culmination of fifty years of research and reflection on one of the most intriguing and challenging topics of our time.

Eyes Wide Open
Mariana Caplan 2009-10-01 The spiritual path is like any other road—it's going to have its share of potholes and detours. Safe travel requires a quality rarely taught yet critically important in today’s world: discernment. In Eyes Wide Open, Mariana Caplan supports us in cultivating the acute judgment and discrimination that will help us to live a spiritual life with intelligence, clarity, and authenticity. Is enlightenment less about fireworks and bliss and more about dismantling illusions? How do we fully integrate our practice into daily living? What’s the best way to work with the ego and the shadow? Eyes Wide Open explores these questions and more, offering practitioners from any tradition—or those just getting started—a traveler’s guide through “the labyrinth of increasing subtlety” that defines a genuine spiritual life. Eyes Wide Open has received the following awards: 2010 Gold IPPY—New Age (Mind-Body-Spirit) 2010 Gold Living Now Award—Enlightenment/Spirituality 2010 Silver Nautilus Award—Spirituality

Body of Knowledge
Robert Marrone 1990-08-09 This book introduces readers to the many facets of body/mind psychology such as its history and its basis in physiological processes; the framework of its theories and models; its clinical application in counseling, psychotherapy, and the treatment of psychosomatic disorders; and its growing impact on our understanding of healing, communication, and conscious living. From Freud, Reich, and Lowen to holography and Tibetan Buddhist theories of madness; from Perls, Laslow, and self-actualization to acupressure, Rolfing, and insight medication; Marrone provides a challenging and sophisticated synthesis of highly diverse and powerful ideas in an exciting and readable style.

The Adventure of Self-Discovery
Stanislav Grof 1988-01-31 Here Grof presents a useful model of the psyche—a model extended by his thirty years of studying non-ordinary states of consciousness. It is useful for understanding such phenomena as shamanism, mysticism, psychedelic states, spontaneous visionary experiences, and psychotic episodes. The model is also useful in explaining the dynamics of experiential psychotherapies and a variety of sociopolitical manifestations such as war and revolution. This book might have been entitled Beyond Drugs. The second part describes the principles and process of the non-pharmacological technique developed by the author and his wife,
Christina, for self-exploration and for psychotherapy. Grof explores in detail the components of this technique. He describes its method, its effective mechanisms, as well as its goals and potential. Its practice is simple, since it utilizes the natural healing capacity of the psyche.

**Psychology of the Future** Stanislav Grof 2019-03-28 Summarizes Grof's experiences and observations from more than forty years of research into non-ordinary states of consciousness. Summarizes Grof's experiences and observations from more than forty years of research into non-ordinary states of consciousness. This accessible and comprehensive overview of the work of Stanislav Grof, one of the founders of transpersonal psychology, was specifically written to acquaint newcomers with his work. Serving as a summation of his career and previous works, this entirely new book is the source to introduce Grof's enormous contributions to the fields of psychiatry and psychology, especially his central concept of holotropic experience, where holotropic signifies "moving toward wholeness." Grof maintains that the current basic assumptions and concepts of psychology and psychiatry require a radical revision based on the intensive and systematic research of holotropic experience. He suggests that a radical inner transformation of humanity and a rise to a higher level of consciousness might be humankind's only real hope for the future. "It's rare to find a textbook that is both extremely informative and enjoyable to read. Psychology of the Future has to be one of the first ones I've ever come across ... Each chapter brought an entirely new concept, theory, or method that was just as engaging as the previous one.” — Dr. Tami Brady, TCM Reviews

"This book is by a pioneering genius in consciousness research. It presents the full spectrum of Grof's ideas, from his earliest mappings of using LSD psychotherapy, to his clinical work with people facing death, to his more recent work with holotropic breathing, to his latest thoughts about the cosmological implications of consciousness research and the prospects for dealing with an emerging planetary crisis. Grof has always been one of the most original thinkers in the transpersonal field, and his creativity has kept pace with the maturity of his overall vision." -- Michael Washburn, author of Transpersonal Psychology in Psychoanalytic Perspective

"Grof offers an outstanding contribution to the ever-growing debate about the nature of human consciousness and about the place of humankind in the cosmos. If more psychiatrists could be persuaded that human consciousness transcends the limitations of the physical brain, and instead is but an aspect of what may best be described as 'cosmic consciousness,' we could not only expect treatment modalities to change, but we could also anticipate the possibility of culture-wide rethinking of the basic presuppositions of modern cosmology, the cosmology that grounds Western institutions, ideologies, and beliefs about..."
the nature of personhood." -- Michael E. Zimmerman, author of Contesting Earth's Future: Radical Ecology and Postmodernity

Stanislav Grof, MD, is a psychiatrist with more than fifty years of experience in research of non-ordinary states of consciousness. He has been Principal Investigator in a psychedelic research program at the Psychiatric Research Institute in Prague, Czechoslovakia; Chief of Psychiatric Research at the Maryland Psychiatric Research Center; Assistant Professor of Psychiatry at the Johns Hopkins University; and Scholar-in-Residence at the Esalen Institute. He is currently Professor of Psychology at the California Institute of Integral Studies, conducts professional training programs in holotropic breathwork, and gives lectures and seminars worldwide. He is one of the founders and chief theoreticians of transpersonal psychology and the founding president of the International Transpersonal Association (ITA). In 2007, he was granted the prestigious Vision 97 award from the Vaclav and Dagmar Havel Foundation in Prague. He is the author and editor of many books, including The Adventure of Self-Discovery: Dimensions of Consciousness and New Perspectives in Psychotherapy and Inner Exploration; Ancient Wisdom and Modern Science; Beyond the Brain: Bi Shadow, Self, Spirit - Revised Edition Michael Daniels 2021-09-28 New and enlarged edition. Transpersonal Psychology concerns the study of those states and processes in which people experience a deeper sense of who they are, or a greater sense of connectedness with others, with nature, or the spiritual dimension. Pioneered by respected researchers such as Jung, Maslow and Tart, it has nonetheless struggled to find recognition among mainstream scientists. Now that is starting to change. Dr. Michael Daniels teaches the subject as part of a broadly-based psychology curriculum, and this new and enlarged edition of his book brings together the fruits of his studies over recent years. It will be of special value to students, and its accessible style will appeal also to all who are interested in the spiritual dimension of human experience. The book includes a detailed 38-page glossary of terms and detailed indexes.

Human Survival and Consciousness Evolution Stanislav Grof 1988-01-01 In addition to the apocalyptic prospect of global nuclear destruction, there are other dismal scenarios involving resource and environmental issues that are less imminent but still serious in the long term. Past analyses, seeking remedies, have focused on symptoms rather than causes. They represent extensions and expressions of the same philosophies and strategies that created these situations. This book brings a fresh and optimistic perspective to the problem area. It explores modern consciousness research and transpersonal psychology for practices that accelerate the development of consciousness. It covers a wide range from laboratory techniques of experimental psychiatry, transpersonal psychotherapies, and
Jungian psychology to the Oriental and Western mystical traditions.

Transpersonal Knowing Tobin Hart 2000-07-20 The freshest and most respected thinkers in transpersonal psychology explore the myriad pathways to knowledge.

The Handbook of Humanistic Psychology Kirk J. Schneider 2001-05-01 "The Handbook of Humanistic Psychology presents a historic overview, theory, methodology, applications to practice and to broader settings, and an epilogue for the new millennium...The Handbook of Humanistic Psychology is an academic text excellently suited for collegiate education and research...The Handbook of Humanistic Psychology will be the inspiration and reference source for the next generation of humanists in all fields." - Lynn Seiser, Ph.D., THE THERAPIST "This volume represents an essential milestone and defining moment for humanistic psychology.... [It] belongs on the shelf of everyone who identifies with the humanistic movement and can serve as an excellent resource for those who would like to offer their students more than the perfunctory three paragraphs designated to humanistic psychology found in most introductory psychology books" - Donadrian Rice, CONTEMPORARY PSYCHOLOGY "Psychologists already partial to humanistic perspectives will take great pleasure in reading this book, and those seeking to expand their understanding of psychological humanism will find themselves much informed, perhaps even inspired, by it." - Irving B. Weiner, PSYCHOTHERAPY RESEARCH "A cornucopia of valuable historical, theoretical, and practical information for the Humanistic Psychologist." – Irvin Yalom, Emeritus Professor of Psychiatry, Stanford University "The editors represent both the founding generation and contemporary leadership and the contributors they have enlisted include most of the active voices in the humanistic movement. I know of no better source for either insiders or outsiders to grasp what humanistic psychology is about, and what either insiders or outsiders should do about it." – M. Brewster Smith, University of California at Santa Cruz "As a humanist it offered me a breadth I had not known existed, as a researcher it offered me an excellent statement of in depth research procedures to get closer to human experience, as a practitioner it offered me inspiration. For all those who work with and explore human experience, you can not afford to miss the voice of the third force so excellently conveyed in this comprehensive coverage of its unique view of human possibility and how to harness it." – Leslie S. Greenberg, York University Irvin Yalom, M. Brewster Smith, Leslie S. Greenberg, Inspired by James F. T. Bugental’s classic, Challenges of Humanistic Psychology (1967), The Handbook of Humanistic Psychology represents the latest scholarship in the resurgent field of humanistic psychology and psychotherapy. Set against trends
toward psychological standardization and medicalization, the handbook provides a rich tapestry of reflection by the leading person-centered scholars of our time. Their range in topics is far-reaching—from the historical, theoretical, and methodological, to the spiritual, psychotherapeutic, and multicultural. Psychology is poised for a renaissance, and this handbook plays a critical role in that transformation. As increasing numbers of students and professionals rebel against mechanizing trends, they are looking for the fuller, deeper, and more personal psychological orientation that this handbook promotes.

**The Handbook of Humanistic Psychology** Kirk J. Schneider 2001-05-17

The Handbook of Humanistic Psychology is a landmark in the resurgent field of humanistic psychology and psychotherapy. Their range of topics is far-reaching—from the historical, theoretical, and methodological, to the spiritual, psychotherapeutic, and multicultural. Students and professionals are looking for the fuller, deeper, and more personal psychological orientation that this Handbook promotes.

**The New-Old** Andrew Bland 2020-06-22

Dr. Myron Milford "Mike" Arons (1929-2008) is recognized internationally as one of the founders of humanistic psychology. This volume serves as both a tribute to his memory and a gateway to reflection and scholarship by future generations of humanistic psychologists who did not have the privilege to know Arons. Edited by his mentee, Dr. Andrew Bland, and daughter, Sandrine Arons, The New-Old traces Arons' thought as it evolved over about three decades, from the 1970s to the 2000s. Following Sandrine Arons' preface and Bland's overview of Mike Arons' life and scholarship, 13 of Arons' papers (some of which are rare, out-of-print, or unpublished) are presented thematically in four sections: (a) his inspiration and influences; (b) creativity, consciousness, and culture; (c) humanistic education; and (d) two of Arons' hermeneutic explorations (on the topics of intuition and the nature of self). The book concludes with a discussion about the contemporary implications and applications of Arons' thinking as well as the accuracy of his predictions about the future of both psychology and society. Finally, an annotated bibliography of Arons' complete writings is included as an appendix.

**Integral Psychology** Brant Cortright 2010-03-10

A bold new view of the human psyche, integrating Eastern and Western approaches.

**Spiritually Oriented Psychotherapy** Len Sperry 2005

A survey of how spirituality can be incorporated into a range of psychotherapeutic approaches, including psychoanalytic, cognitive-behavioral, humanistic, interpersonal, transpersonal, and others.

**Motherhood, Spirituality and Culture** Noelia Molina 2019-02-25

Motherhood, Spirituality and Culture explores spiritual skills that may assist...
women in changes, challenges and transformations undergone through the transition to motherhood. This study comprises rich, qualitative data gathered from interviews with 11 mothers. Results are analysed by constructing seven unique maternal narratives that elucidate and give voice to the mothers in their transition by in depth exploration of six themes emerging from the analysis. Overall discussion ranges across such realities as: • desires, expectations and illusions for mothering; • birth and spiritual embodied experiences of mothering; • instinctual knowing; identity and crisis, and connections of motherhood; • changes and transformations undergone through motherhood. This study presents a unique framework for qualitative studies of spirituality within motherhood research; by weaving together transpersonal psychology, humanistic psychology, spiritual intelligence and the spiritual maternal literature. This book will appeal to all women who have transitioned to motherhood. It will also be of assistance to professionals who wish to approach any aspect of maternity care and support from a transpersonal perspective. It will also provide unique insights for academics and postgraduate students in the fields of anthropology, psychology, psychotherapy and feminism studies.

Humanistic Contributions for Psychology 101 Richard Bargdill 2020-06-13

Humanistic Contributions to Psychology 101 is the first of its kind: a supplemental text cataloging the major contributions of humanistic psychology often not included in general psychology courses or textbooks. The book mirrors a standard Introduction to Psychology textbook with chapters covering the typical topics while focusing on humanistic contributions: History and Methods, Sensation and Perception, Memory, Personality, and Psychotherapy, amongst others. Endorsed by five presidents of the Society for Humanistic Psychology, this makes Humanistic Contributions to Psychology 101 an ideal supplementary textbook for introduction to psychology courses. The book is written in an easy to understand language utilizing an opening vignette or example that the chapter refers back to when a difficult concept arises. The subtitle Growth, Choice, and Responsibility-highlights main themes of Humanistic Psychology that are seen throughout the book and particularly relevant to the contemporary times. Growth is the movement away from disease-based psychology toward a goal of psychological betterment. Choice refers to an emphasis on people making intentional decisions rather than being situationally or genetically determined respondents. Responsibility points toward the ability to take control of one’s actions and own them as well as recognizing oneself as an important contributor to one’s community. Humanistic Contributions for Psychology 101 is a remarkable book in terms of clarity, scope, and community building. Whether looking for an introduction to humanistic psychology or to discover how humanistic
psychology has contributed to the major topics in the field, this book is an important contribution to the field.

The Wiley World Handbook of Existential Therapy Erik Craig 2019-04-15
An existential therapy handbook from those in the field, with its broad scope covering key texts, theories, practice, and research The Wiley World Handbook of Existential Therapy is a work representing the collaboration of existential psychotherapists, teachers, and researchers. It's a book to guide readers in understanding human life better through the exploration of aspects and applications of existential therapy. The book presents the therapy as a way for clients to explore their experiences and make the most of their lives. Its contributors offer an accurate and in-depth view of the field. An introduction of existential therapy is provided, along with a summary of its historical foundations. Chapters are organized into sections that cover: daseinsanalyis; existential-phenomenonological, -humanistic, and -integrative therapies; and existential group therapy. International developments in theory, practice and research are also examined.

Introduction to Transpersonal Psychology Paul F. Cunningham, Ph.D. 2021-12-29
Introduction to Transpersonal Psychology: Bridging Spirit and Science provides an accessible and engaging introduction to this complex and evolving field. Adopting a modular approach, the book systematically relates key themes of Transpersonal Psychology to three major areas within psychology: general psychology, experimental psychology, and clinical psychology. Covering a wide range of topics including transpersonal states of consciousness, biological foundations, research methods, and cognition, the book also features extensive discussion of transpersonal theorists and the impact of their work on our understanding of psychological concepts. The book also introduces contemporary developments in the field and anticipates future advances such as feminist perspectives and cross-cultural approaches alongside practical experiments designed to give transpersonal theories and concepts psychological roots. A critical evaluation of both mainstream and transpersonal theories and research is applied throughout to foster analytical skills and encourage critical and scientific thinking about humanity’s nature as spiritual creatures and ways to educate for personal and social transformation. Accompanied by an online instructor’s manual, this book will be an essential companion for all students of Transpersonal or Humanistic Psychology, or those interested in applying transpersonal ideas to mainstream psychological research.

Handbook of Critical Psychology Ian Parker 2015-04-17
Critical psychology has developed over time from different standpoints, and in different cultural contexts, embracing a variety of perspectives. This cutting-edge and comprehensive handbook values
and reflects this diversity of approaches to critical psychology today, providing a definitive state-of-the-art account of the field and an opening to the lines of argument that will take it forward in the years to come. The individual chapters by leading and emerging scholars plot the development of a critical perspective on different elements of the host discipline of psychology. The book begins by systematically addressing each separate specialist area of psychology, before going on to consider how aspects of critical psychology transcend the divisions that mark the discipline. The final part of the volume explores the variety of cultural and political standpoints that have made critical psychology such a vibrant contested terrain of debate. The Handbook of Critical Psychology represents a key resource for researchers and practitioners across all relevant disciplines. It will be of particular interest to students and researchers in psychology, psychosocial studies, sociology, social anthropology and cultural studies, and to discourse analysts of different traditions, including those in critical linguistics and political theory.

The Cosmic Game Stanislav Grof 1998-03-19 In this, his culminating work, the leading international figure in consciousness research masterfully synthesizes his vast findings, drawing not only upon psychedelic therapy and Holotropic Breathwork, but also from literature, cross-cultural studies, ancient mystical sources and psychological data, resulting in a profound consolidation and articulation of what is now known about nonordinary states of consciousness. The Cosmic Game discusses the broadest philosophical, metaphysical and spiritual insights gleaned in Grof's research concerning human nature and reality, addressing the most fundamental questions human beings have asked about the nature of existence since time immemorial. Insights from research into nonordinary states of consciousness portray existence as an astonishing play of the cosmic creative principle that transcends time, space, linear causality, and polarities of every kind and suggest an identity of the individual psyche in its furthest reaches with the universal creative principle and the totality of existence. This identity of the human being with the Divine is the ultimate secret that lies at the core of all great spiritual traditions. "What moves this book into the status of a classic is that it is in substantial agreement with the world's great wisdom and spiritual traditions. This modern corroboration of the perennial philosophy is a stunning achievement and deserves publication to the widest audiences." -- Ken Wilber, author of Up from Eden: A Transpersonal View of Human Evolution and The Atman Project: A Transpersonal View of Human Development "The Cosmic Game is the latest and best of Stanislav Grof's extraordinary contributions to our understanding of human consciousness. This book provides a coherent picture of how individual experience fits into universal patterns of
consciousness" -- Frances Vaughan, author of Shadows of the Sacred: Seeing through Spiritual Illusions "Perhaps the most important of all his works, representing as it does an integration of the most profound of his clients' experiences and demonstrating a remarkable convergence with the deepest spiritual experiences reported across centuries and cultures. This convergence is a finding of the greatest significance." -- Roger Walsh, author of The Spirit of Shamanism "Grof is the world’s leading authority on the deep exploration of the mind and soul... This is a wonderful gift!" -- Charles Tart, author of States of Consciousness and Psi: Scientific Studies of the Psychic Realm Stanislav Grof, MD, is a psychiatrist with more than fifty years of experience in research of nonordinary states of consciousness. He has been Principal Investigator in a psychedelic research program at the Psychiatric Research Institute in Prague, Czechoslovakia; Chief of Psychiatric Research at the Maryland Psychiatric Research Center; Assistant Professor of Psychiatry at the Johns Hopkins University; and Scholar-in-Residence at the Esalen Institute. He is currently Professor of Psychology at the California Institute of Integral Studies, conducts professional training programs in holotropic breathwork, and gives lectures and seminars worldwide. He is one of the founders and chief theoreticians of transpersonal psychology and the founding president of the International Transpersonal Association (ITA). In 2007, he was granted the prestigious Vision 97 award from the Vaclav and Dagmar Havel Foundation in Prague. He is the author and editor of many books, including The Adventure of Self-Discovery: Dimensions of Consciousness and New Perspectives in Psychotherapy and Inner Exploration; Ancient Wisdom and Modern Science; Beyond the Brain: Birth, Death, and Transcendence in Psychotherapy; Human Survival and Consciousness Evolution; and Psychology of the Future: Lessons from Modern Consciousness Research; all published by SUNY Press.

Embodied Spirituality in a Sacred World Michael Washburn 2012-02-01 Presents an account of human development from a depth-psychological, transpersonal perspective.

Rationality, Humility, and Spirituality in Christian Life Dennis Hiebert 2020-02-27 As Euro-American culture turns resolutely away from religiosity toward spirituality and becomes increasingly post-Christian, the ordinary, everyday practice of Christian life is ever more questioned and in need of scrutiny. In this interdisciplinary analysis, Christians are first called to comprehend the excessive rationality that modernity has built into both the cognitive and organizational structure of contemporary Christian life. They are then summoned to personify an authentic attitude of humility, and in particular, the virtue of intellectual humility that is most challenged and tested by religious convictions. Going forward, Christians are subsequently
invited to live their faith more as an internally differentiated and open spirituality, rather than an externally determined and regulated religiosity. When we exhaust our rationality and are confronted with its limitations, we are humbled by our finitude and animated by our spirituality.  

Transpersonal Psychology and Science Douglas A. MacDonald 2021-12  
Founded in the 1960s, transpersonal psychology is a subdiscipline of psychology that has been dedicated to the study of exceptional human experiences and functioning inclusive of ancient and indigenous spiritual and mystical traditions. While initially holding tremendous promise to expand psychological science and practice beyond the purview of conventional psychology, the field has encountered a variety of challenges that its advocates have recognized as compromising its progress. Among the most pervasive of these challenges has been controversy and disagreement regarding the place of science in transpersonal psychological inquiry and practice. Even though some efforts have been made by scholars in the field to address the challenges, these efforts have been largely piecemeal in nature, involving articles or chapters in books that express the viewpoints of individual scholars without a fulsome consideration of multiple perspectives of people throughout the world who identify as members of the subdiscipline. This book is the first in the history of the field to bring together the voices of respected members of the transpersonal psychological community to specifically discuss the relation of transpersonal psychology to science in order to find ways of helping the subdiscipline move forward in a productive manner. This volume includes invited chapters from a broad array of international experts in transpersonal psychology who proffer interesting and sometimes conflicting perspectives regarding how science fits within the subdiscipline. The book ends with a chapter written by the editors that summarizes and highlights the main points of issue shared by the expert contributors and offers concrete recommendations for how transpersonal psychology can improve itself as a field of inquiry and professional practice.  

Intimacy, Transcendence, and Psychology S. Halling 2007-12-25 This book addresses the richness and depth of our intimate relationships and especially those moments when we come to see ourselves and the other person in a new way. In such moments we realize that however much we are influenced by heredity and upbringing, we are also agents with the capacity for openness and transcendence.  

Revisioning Transpersonal Theory Jorge N. Ferrer 2002-01-01 A participatory alternative to the perennialism and experientialism dominant in transpersonal psychology.  

Humanistic and Transpersonal Psychology Donald Moss 1999-01 An overview of the historical background for humanistic psychology, the
central passions and goals of the founders, and the vital legacy which humanistic psychology brings to psychology and human life for the 21st century.

**Holotropic Breathwork** Stanislav Grof 2010-08-01 The definitive overview of this transformative breathwork.

**Ken Wilber** Frank Visser 2012-02-01 The first comprehensive overview of the life and thought of the American philosopher Ken Wilber.

**Beyond the Brain** Stanislav Grof 1985-01-01 Beyond the Brain seriously challenges the existing neurophysiological models of the brain. After three decades of extensive research on those non-ordinary states of consciousness induced by psychedelic drugs and by other means, Grof concludes that our present scientific world view is as inadequate as many of its historical predecessors. In this pioneering work, he proposes a new model of the human psyche that takes account of his findings. Grof includes in his model the recollective level, or the reliving of emotionally relevant memories, a level at which the Freudian framework can be useful. Beyond that is perinatal level in which the human unconscious may be activated to a reliving of biological birth and confrontation with death. How birth experience influences an individual’s later development is a central focus of the book. The most serious challenge to contemporary psychoanalytic theory comes from a delineation of the transpersonal level, or the expansion of consciousness beyond the boundaries of time and space. Grof makes a bold argument that understanding of the perinatal and transpersonal levels changes much of how we view both mental illness and mental health. His reinterpretation of some of the most agonizing aspects of human behavior proves thought provoking for both laypersons and professional therapists.

**Psychosynthesis** John Firman 2010-03-10 Psychotherapists Firman and Gila were both trained in psychosynthesis in the early 1970s; Firman trained with its founder, Italian psychiatrist, Roberto Assaglio. Their text elaborates on much of the traditional material found in psychosynthesis literature since the 1970s, and incorporates current advances in the area. It is intended as a companion to the authors’ 1997 text, The Primal Wound: A Transpersonal View of Trauma, Addiction, and Growth, and is suitable as a student text in general psychology courses and in beginning and advanced training in psychosynthesis, as support for individuals seeking to understand and facilitate their own self-realization journey, and as a resource for practitioners in psychotherapy, counseling, and related fields. Annotation copyrighted by Book News, Inc., Portland, OR

**The Concept of Personality in Sri Aurobindo’s Integral Yoga Psychology and A. Maslow’s Humanistic/transpersonal Psychology** Joseph Vrinte 1995-01-01
Groovy Science  David Kaiser  2016-05-31 Did the Woodstock generation reject science—or re-create it? An “enthralling” study of a unique period in scientific history (New Scientist). Our general image of the youth of the late 1960s and early 1970s is one of hostility to things like missiles and mainframes and plastics—and an enthusiasm for alternative spirituality and getting “back to nature.” But this enlightening collection reveals that the stereotype is overly simplistic. In fact, there were diverse ways in which the era’s countercultures expressed enthusiasm for and involved themselves in science—of a certain type. Boomers and hippies sought a science that was both small-scale and big-picture, as exemplified by the annual workshops on quantum physics at the Esalen Institute in Big Sur, or Timothy Leary’s championing of space exploration as the ultimate “high.” Groovy Science explores the experimentation and eclecticism that marked countercultural science and technology during one of the most colorful periods of American history. “Demonstrate[s] that people and groups strongly ensconced in the counterculture also embraced science, albeit in untraditional and creative ways.”—Science “Each essay is a case history on how the hippies repurposed science and made it cool. For the academic historian, Groovy Science establishes the ‘deep mark on American culture’ made by the countercultural innovators. For the non-historian, the book reads as if it were infected by the hippies’ democratic intent: no jargon, few convoluted sentences, clear arguments and a sense of delight.”—Nature “In the late 1960s and 1970s, the mind-expanding modus operandi of the counterculture spread into the realm of science, and sh-t got wonderfully weird. Neurophysiologist John Lilly tried to talk with dolphins. Physicist Peter Phillips launched a parapsychology lab at Washington University. Princeton physicist Gerard O’Neill became an evangelist for space colonies. Groovy Science is a new book of essays about this heady time.”—Boing Boing